

# **Pitch Count Volunteer Guide**

## **Purpose of Pitch Count**

To protect young pitchers' arms and ensure fair play, Little League rules limit how many pitches a player can throw per game/day and dictate required rest periods.

# **Your Responsibilities**

As the pitch count volunteer, you are responsible for:

- Collect a roster complete with first name, last name, Little League Age and jersey number from each team.
- Accurately recording each pitch thrown by each pitcher.
- Notifying the umpire and/or coach when a pitcher nears the maximum pitch limit.
- Submission of the pitch count sheet with all information regarding player name and LL age, to the tournament director or scorer **after the game**.

#### What Counts as a Pitch?

#### Count:

- Every pitch thrown to a batter (balls, strikes, foul balls.)
- A pitch that results in a hit, walk, or hit batter.
- Pitches during an at-bat even if the batter is later called out for base-running.

## Do **NOT** count:

- Warm-up pitches between innings.
- Pickoff attempts by pitcher or throws to bases.
- Pitches after the umpire calls "Time" or in a dead-ball situation.

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## **How to Use a Paper Pitch Count Log**

When using a paper pitch count log, follow these simple steps to ensure accurate tracking:

1. Use one paper log sheet per team.

2. Use one numbered box for each pitch thrown.

Record every individual pitch (ball, strike, foul, etc.) in a new box. Each box is numbered and makes it easy to total and review pitch counts later.

3. Circle the first pitch of each new batter.

This helps clearly identify when a new at-bat starts.

4. Put a square around the first pitch to the final batter the pitcher faces.

This marks the start of the pitcher's last batter.

- 5. Use a diagonal line for the end of each inning.
- 6. After the game, total the pitches for each pitcher and determine required rest. Submit the completed log to the scorekeeper or tournament director.

| League:           |                   |               |    |   |    | sel    | oa | 11 ( | Go          | m   | e F         | ito      | h I          | Log   | 1    | The          | 956   | di         | rec        | tio | ns  | ar  | еп  | ot   | cor  | те  |      |       |                |     | তি    |       |       |
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| Feam: Opponen     |                   | ponent:       |    |   | _  |        |    |      |             |     |             |          | _            |       |      | ate          | :_    |            | th         | is  | tou | ım  | am  | en   | t    | 1   | /    | L     | itt            | le  | Lese  | ea    | gu    |
| Pitcher's<br>Name | Uniform<br>Number | League<br>Age |    |   |    |        | X  | C    | oss<br>rcle | out | the         | nu<br>mb | mbe<br>or fo | er a  | s th | ost p        | lite! | is<br>h th | hro        | wn. |     | ich | hol | [-im | nine |     |      |       |                |     |       |       |       |
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This batter would be recorded at 43 pitches on the final score and pitch count sheet.

| PITCHING - A | way Team | Team Name: |                    |  |  |  |  |  |  |  |
|--------------|----------|------------|--------------------|--|--|--|--|--|--|--|
| Pitcher Name | Age      | Pitches    | Days Rest Required |  |  |  |  |  |  |  |
| Smith, Joe   | 9        | 43         | 2 days             |  |  |  |  |  |  |  |
|              |          |            |                    |  |  |  |  |  |  |  |
|              |          |            |                    |  |  |  |  |  |  |  |
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## **Pitch Count Limits**

The following pitch count rules will be used as stated by Little League International:

- League age 9 can pitch a maximum of 75 pitches per day.
- League age 8 can pitch a maximum of 50 pitches per day.

**Rest Rules (Mandatory Days Rest)** 

| Pitches Thrown in a Day | Rest Required |
|-------------------------|---------------|
| 1–20                    | 0 days        |
| 21–35                   | 1 day         |
| 36–50                   | 2 days        |
| 51–65                   | 3 days        |
| 66–75                   | 4 days        |
|                         |               |

**Post-Game** 

- 1. Total the pitch count for each pitcher.
- 2. Record pitch totals and rest requirements.
- 3. Collect signatures from BOTH teams' coaches and have them take a photo for their records.
- 4. Submit both paper pitching logs (1 for each team) and the final score and pitching count document to the tournament director or designated official.

If You're Unsure

Ask the game director, umpire, or head coach. Better to clarify than guess!